

THINGS YOU JUST DON'T WANT TO DO ALONE: **SWIMMING**

Never Swim Alone

As tempting as it may be to catch some time alone in the backyard pool, deserted lake or ocean, do not do it. Accidents happen even to young, strong, healthy individuals who are good swimmers. Always swim with a buddy in a residential pool and with a lifeguard present in any other pool or body of water.



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